

# FACT CHECKER

what is true about pangasius?

**1.**

Pangasius farming is environmentally damaging.

True / **False**

**2.**

Pangasius is full of poison.

True / **False**



## 1. Pangasius farming is environmentally damaging.



The Mekong River is sometimes referred to as a heavily polluted river, but it is relatively clean compared to its European peers. Moreover, pollution caused by the fish farming is less than one per cent of the total pollution of the Mekong River. In addition to that, the panga has an almost complete vegan lifestyle. It generally lives from agricultural waste and some tuna waste. As a result, the environmental footprint of pangasius is limited. You may be surprised to find that the environmental footprint of panga on your plate in Europe may even be smaller than that of European produced chicken fillet.

## 2. Pangasius is full of poison.



The fish farmers and fish processing companies meet the highest food safety standards in the world. This is monitored by independent certification bodies and food safety inspection services. So can it be that traces of antibiotics, heavy metals or other hazardous materials are found in pangasius that pose a threat to consumers? No. Residues can hardly be found in the fish at all, and if these are found, the levels are far below the acceptable levels as laid down in European food safety legislation. This is confirmed by research of scientists at the internationally respected Wageningen University in The Netherlands.

